

# Stick With It Suffolk – Message from Dr Mark Shenton– Chair of Ipswich and East Suffolk Clinical Commissioning Group

I am Dr Mark Shenton, Chair of Ipswich and East Suffolk Clinical Commissioning Group.



I am also part of The Suffolk Resilience Forum (SRF).

The SRF is a group of people from the NHS, the police, the fire service and local councils.

Thank you for what you are doing to stop the virus spreading in Suffolk.

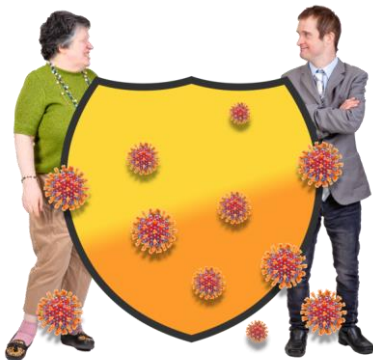


What you have done so far has stopped more people having to go to hospital because they have caught the virus.

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It is very important that you still keep 2 metres apart from anyone we meet outside



This means you can stop more people getting the virus who might get very ill.

**Everyone in Suffolk must follow the government's latest advice:**

**Stay Alert. Control the virus. Save Lives.**